



Access to Virtual Care: For 90 days, Anthem's affiliated health plans will waive any member cost share for telehealth visits, including visits for mental health, for our fully insured employer plans, Individual plans, Medicare plans and Medicaid plans, where permissible. Cost sharing will be waived for members using Anthem's telemedicine service, [LiveHealth Online](#), as well as care received from other telehealth providers delivering virtual care. Access to LiveHealth Online as well as virtual care via text is available to members through the Sydney Care app. Self-insured plan sponsors will have the choice to participate in this program.

Anthem continues to recommend members use virtual care options when possible, as it can help prevent spread of coronavirus and improve access to care. Virtual care is a safe and effective way for members to see a doctor to receive health guidance related to COVID-19 from their homes via smart phone, tablet or computer.

As Anthem continues to closely monitor the COVID-19 developments, we remain committed to all of those we serve. Anthem customers can rest assured that we are taking steps to ensure our operations remain uninterrupted, while ensuring the health and safety of our associates.